



HOPE: HEALTHY OUTCOMES FROM POSITIVE EXPERIENCES

Positive childhood experiences help children feel safe, connected, and ready to grow. The HOPE Framework reminds us that small, joyful moments like shared stories, warm relationships, and safe spaces make a big difference in a child's life.

The Four Bulding Blocks of HOPE:

- ▶ *Relationships*
Caring, dependable connections with adults who listen and support
- ▶ *Environments*
Safe, stable places where children can explore and feel at ease
- ▶ *Engagement*
Fun, meaningful activities that spark curiosity and confidence.
- ▶ *Emotional Growth*
Support that helps children understand feelings and build resilience.

How Cape Cod Children's Place Brings HOPE to Life

- Warm, welcoming playgroups where children learn through joy.
- Moments that help caregivers feel connected, confident, and not alone.
- Spaces that celebrate culture, strengths, and community.
- Supportive staff who build trust with families.



CAPE COD CHILDREN'S
PLACE

Growing hope, one positive
experience at a time