



CAPE COD CHILDREN'S PLACE FAMILY NEWSLETTER

FALL 2026

Season of Togetherness

Fall on Cape Cod brings soft waves, golden light, and endless chances for families to explore together.

From peaceful beaches to farm adventures, we're excited to share gentle activities and community moments that make this season special.



Creativity. Connection. Caring educators.
Building stronger families and a stronger community.



Fairy houses created by participants in a summer Parent-Child Engagement Group.

Visit our website for more info:
[capecodchildrensplace.org](https://www.capecodchildrensplace.org)



Cozy Coastal Crafts

This gentle fall craft blends shoreline treasures with autumn colors.

Families can gather leaves during a crisp beach walk, then pair them with small shells or smooth stones to create a cozy ocean-leaf collage.

It's a simple way to celebrate both the season and the shore.



Autumn Adventures



Fall on Cape Cod is full of gentle family adventures.

From pumpkin patches and apple picking to cozy hay rides and cranberry bog walks, there are so many ways to enjoy the season together.

Local spots like Crow Farm and Tobey Farm offer warm moments, fresh air, and autumn memories perfect for families.

Little Steps Forward

Young children build confidence through little moments of independence. Whether it's choosing their own jacket, helping tidy up toys, or practicing simple self-care skills, these small steps help them feel capable and proud.

Fall is a wonderful season for encouraging independence — from carrying a leaf they found to helping pack a cozy snack for an outing.



Parent-Child Engagement Groups

▶ MONDAY

- **Little Scientists** (3 - 6 yrs)
9/14 - 10/5 | 10-11am
- **Puppet Playgroup** (2 - 6 yrs)
10/19 - 11/23 | 10-11am

▶ WEDNESDAY

- **Kids Movement Jamboree** (2 - 5 yrs)
9/16 - 9/30 | 10-11am
- **Move Together Jamboree** (2 - 5 yrs)
10/14 - 11/4 | 10-11am
- **Preschool Science** (3 - 6 yrs)
9/16 - 10/14 | 10-11am
- **Twilight Play & Learn** (0 - 5 yrs)
9/30 - 10/21 | 5-6pm

▶ FRIDAY

- **Imagination Art Station**
(2 - 6 yrs) | 11/6 - 12/11 | 9:30-10:30am
- **Nature Whisperers**
(3 - 6 yrs) | 9/11 - 10/2 | 10-11am
- **Fridays at the Farm**
(2 - 5yrs) | 10/9 - 10/30 | 10-11am
- **Sing & Play with Paul**
(3 - 6 yrs) | 9/18 - 10/23 | 9:30-10:30am

▶ TUESDAY

- **Busy Bees Tot** (1 - 2 yrs)
9/29 - 10/27 | 10-11am
- **Story & Project** (2 - 5 yrs)
9/15 - 10/6 | 10-11am
- **Storytime & Craft** (2 - 5 yrs)
10/20 - 11/17 | 10-11am

▶ THURSDAY

- **Cuties in Carriers** (0 - 1 yrs)
10/1 - 12/3 (monthly) | 9-10am
- **Pre-K Explorers** (2 - 5 yrs)
10/1 - 12/3 (monthly) | 10:30-11:30am
- **Little Naturalist** (2 - 6 yrs)
9/24 - 10/22 | 2-3pm
- **Little Learners Gym** (0 - 6 yrs)
10/1 - 11/5 | 9:30-10:30am
- **Tinkering** (3 - 6 yrs)
10/22 - 11/19 | 1:30-2:30pm
- **Intergenerational Music & Movement**
(1-5 yrs) 9/17 - 10/15 | 10-11am
- **Music & Movement** (2 - 5 yrs)
10/22 - 11/19 | 10:30-11:30am

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Parent Education, Support Groups

- **RAISING HEALTHY FAMILIES**
 - Tuesdays, 9/22 – 10/27, 5:30-7:30pm, Dennis Public Library
- **CARING FOR KIDS: MIND, BODY & HEART**
 - Thursday, 11/5, 5:30-7:30pm, Brewster Baptist Church
- **SUPPORTING MOMMA GROUP**
 - Lower Cape: weekly, Thursdays, 11am-12pm at CCCP
 - Mid Cape: 3rd Saturday, 9-10am at South Dennis Free Public Library

To register, contact Dolly



dolly@capecodchildrensplace.org

Ages & Stages Support

The Ages & Stages Questionnaire (ASQ) is a trusted tool that helps families learn more about how their child is growing, moving, and connecting. We offer no-cost one-on-one time with our ASQ Coordinator to complete the questionnaire together.

ASQ highlights

- Celebrate milestones: see what your child is doing well
- Show what is coming next: learn about upcoming skills
- Identify extra support: find help early if needed

Contact: Kathe Medwin, Developmental Specialist



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Recovery with Care

Our Recovery Services team supports parents and family members through compassionate home visiting, connection to resources, and guidance from a specialist with lived experience. Our goal is to help families build strength, resilience, and confidence as they navigate their recovery journey.

Plants and Pages — This summer, thanks to support from the Mosaic RIZE grant, the First Steps team grew over 100 plants to share with families across the community. Each family received a tiny plant, a cozy book, and simple summer crafts to enjoy together. “Plants and Pages” celebrated nurturing growth, curiosity, and connection — offering gentle moments for caregivers and children to explore, read, and create side by side.



Contact: Christina Russell, LICSW

Project Director



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**FIRST STEPS
TOGETHER**
FAMILIES IN RECOVERY SUPPORT

rize
massachusetts



Our Mission

We support families and community partners to increase their resilience, strengths, and skills so children can thrive.



cape cod children's place

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